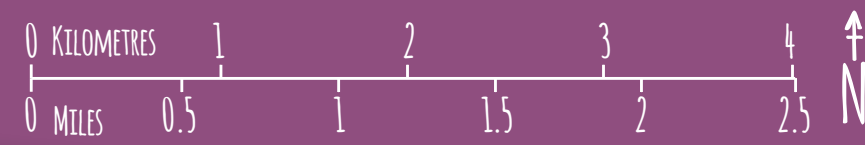


STAGE 14: BARNSLEY TO OLD MOOR RSPB RESERVE



START

FINISH

ENJOY THE SLOW TOUR ON THE NATIONAL CYCLE NETWORK!

The Slow Tour is a guide to 21 of the best cycle routes in Yorkshire. It's been inspired by the Tour de France Grand Départ in Yorkshire in 2014 and funded by Public Health Teams in the region. All routes form part of the National Cycle Network - more than 14,000 miles of traffic-free paths, quiet lanes and on-road walking and cycling routes across the UK.

This route is part of National Routes 62 and 67, so just follow the signs.

TAKE CARE!

- Share the path. Give way to pedestrians and wheelchair users.
- The first part of the route follows the busy A628 for 800 metres.
- There are a couple of minor B roads to cross over so look out for traffic.

TAKE A BREAK!

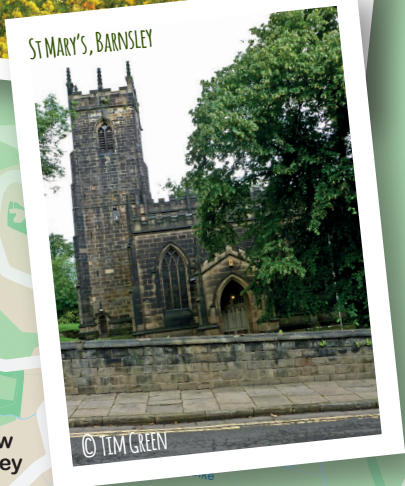
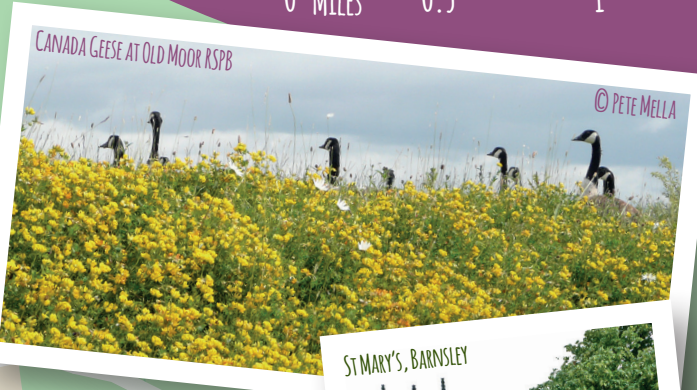
- Ash Inn, Wombwell is known for serving quality homemade food.
- Old Moor RSPB Reserve has a great café with Fairtrade coffee and a range of cakes.
- The Old Moor Tavern, Broomhill is a slight detour which offers traditional pub fare.

THINGS TO SEE AND DO

Barnsley
The town's rich history is brought to life at Experience Barnsley, a museum with artefacts, films and recordings donated by local people.

Gypsy Marsh
This lowland heath and fen has beautiful wildflowers and is home to butterflies and birds including cuckoos and green woodpeckers.

Old Moor RSPB Reserve
This award winning reserve is home to kingfishers, lapwings and tree sparrows and at dusk, you can listen out for the shrill calls of Little Owls. During winter thousands of Golden Plovers spend winter here and in Spring, Great crested grebes perform their courtship dance.



KEY

- Slow Tour route
- On-road / Traffic-free
- National Cycle Network
- On-road / Traffic-free
- National Cycle Network route number
- Café
- Pub
- Shop
- Restaurant
- Railway with station
- Cycle hire
- Access point
- Take care here
- Attraction
- Picnic spot
- Trans Pennine Trail

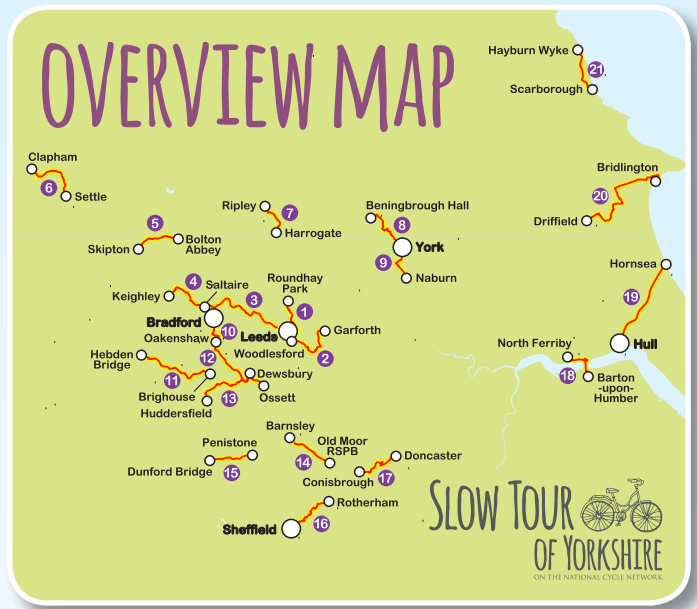
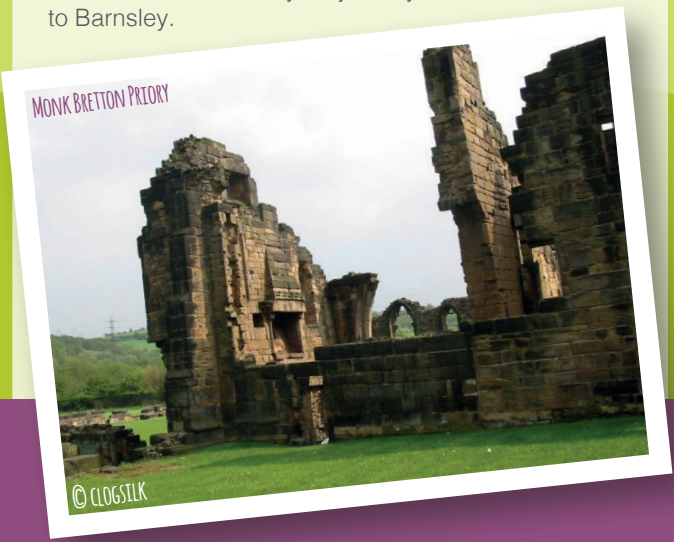
BIKE HIRE
Barnsley Interchange Station offers 'Bike and Go'. Find out more here: www.bikeandgo.co.uk

BARNSLEY TO OLD MOOR RSPB RESERVE

Barnsley to Old Moor RSPB Reserve
12 miles return journey (6 miles each way). This is approximately 3 hours.

This great route takes you from the bustling town of Barnsley to Old Moor RSPB Reserve which is teeming with birds and wildlife.

- Exit Barnsley Train Station by the main entrance, which is next to the ticket office, turn right and then at the T-Junction turn left.
- From here you follow the A628 for 800 metres before crossing the road to join the traffic free path.
- Follow the path up a slight incline and turn left, following signs for the Transpennine Trail / National Route 67.
- After travelling over the River Dove the traffic-free path joins up with National Route 62.
- The route continues past Wombwell Recreation Ground and the nature reserve of Gypsy Marsh, before arriving at your final destination of Old Moor.
- If you want to extend your journey, continue onto Sprotborough which is 10 miles along mainly gravel tracks. Make sure you call in at the Boat Inn on the riverside in Sprotborough where Sir Walter Scott wrote his novel Ivanhoe.
- To return, retrace your journey back to Barnsley.



The Slow Tour is a guide to 21 of the best cycle routes across Yorkshire on the National Cycle Network.

The routes have something for everyone, whether you are a family, new to cycling or a regular cyclist. You can take public transport to the start of most routes and hire bikes there too.

**Tourist attractions ● heritage sites
cafés and pubs ● picnic spots ● canals
museums ● playgrounds ● artwork**

If you like this route, try out the other 20.

**Download your free maps at
www.sustrans.org.uk/slowtourofyorkshire**

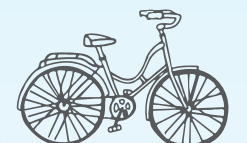


**Barnsley to Old Moor RSPB Reserve is part of the Trans Pennine Trail and Routes 62 and 67 of the National Cycle Network
www.transpenninetrail.org.uk**

STAGE 14

Barnsley to Old Moor RSPB Reserve

SLOW TOUR



OF YORKSHIRE

ON THE NATIONAL CYCLE NETWORK



ENJOY A GREAT CYCLING DAY OUT... AT YOUR OWN PACE!

